What is TimelyCare?

TimelyCare is a virtual health and well-being platform available 24/7 for San Diego City College students.

Who can use TimelyCare?

Any enrolled San Diego City College student can use TimelyCare.

How do I log in?

Go to timelycare.com/sandiegocity or download the TimelyCare app to access care.

How much does a visit cost?

There is no cost to enrolled San Diego City College students.

I already have insurance. How does TimelyCare benefit me?

With TimelyCare, you will have free, 24/7 access to providers from anywhere in the United States, regardless of your insurance status. So, you'll never have to spend time or money looking for care, whether you're on or off campus.

Can I get a prescription?

Yes, if the provider deems it clinically appropriate.

What can I be treated for?

TimelyCare's providers can offer support for a wide range of common concerns, and after talking to you, will decide on the best course of treatment.

What services are available?

• MedicalNow: On-demand support for common health issues, including cold, flu, and allergies.

• TalkNow: 24/7, on-demand emotional support to talk about anything, including anxiety, relationships, depression, and school-related stressors.

• Scheduled Medical: Choose the day, time, and medical provider that best works for you.

• Self-Care Content: Visit the Explore page within TimelyCare for guided self-care content.

• Basic Needs Support: Access to free or reduced-cost community resources, including food and housing assistance, transit support, childcare, and finances.

SAN DIEGO CITY COLLEGE
Student Health Center

For more information please contact 619-388-3055 or visit A-180.

It's for Students.

FOR FREE.

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